



We build strong kids,
strong families, strong communities.

July 4, 2009

To whom this may concern:

Sally McCaughrin worked for me as Aquatic Director for many years, having developed the Aquatics Department program at our new YMCA that opened in 1988 in Bixby Oklahoma. Being a new Y, Sally was instrumental in delivering a professional program that included swim lessons, aquatic exercise, fun and recreational swimming and swim team program.

The best memories come to mind when thinking of those dedicated years of teaching those kids swimming was her dependability and professionalism. Sally was steadfast all those years and responsible in supervision and training of her aquatic staff. In all those years, we did not have any major accident or injury. I could always depend upon Sally to deliver a first class service to the parents and swimming clients as well as keeping watch on the facilities under her direction.

On the personal side, Sally and I became lifetime friends and I enjoyed her sense of humor as among the brightest of mind on my staff. She did however hate to attend the weekly staff meetings, as that was boring to her so probably that was more of my fault than hers but necessary to keep our staff operating as a team. She was well loved and respected among her staff peers.

I think she especially enjoyed teaching the "babies" to swim and developed her unique own program in that regards as I remember. I can still visualize her taking those very young children lovingly in her arms out into the pool as I assisted her many times teaching.

Her pride and joy naturally was in her own children, a delight to the YMCA staff family.

To the best of my memory, Sally was Christian in her approach to the mission of the YMCA and I really have no memories of any serious complaints. Of course, the swim team parents gave her fits from time to time as they did me! But in the final analysis, when Sally left the Y when her husband moved from our area, the program really never did achieve the standards that were set under her direction although her successor was adequate.

I believe Sally has the intellectual ability and personal skills to do probably pretty much, what she sets her mind to do and I was delighted that she has found a new mission in life. Anyone that is fortunate to employ her will be delighted to have her as an employee as I can personally speak of her character. I would be most happy to answer any questions you may have.

Dale L. Isgrigg, retired
Founding CEO
Dally Family YMCA of Bixby, Oklahoma